

### Daily Reading:

Psalm 4:1-8, Isaiah 51:1-23, Ephesians 4:17-32

### Study Journal Questions:

1. Why shouldn't you fear men?
2. How does today's reading teach us to deal with anger?
3. How does Paul describe the way the Gentiles walk and Christian's former manner of life?
4. What does it look like to take off the old man and put on the new?
5. How is God revealed in today's reading, and what does this mean for your life?

### Answers, Ponderings, and New Discoveries:

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Prayer Requests / Answers : \_\_\_\_\_

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What is God doing around you, and how can you join Him?

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### Together Challenge:

Be kind, tender-hearted, and forgive one another.